

## Anni's Story

The top photo was taken in February 2008. Shortly afterwards I recommended some very good health products to her. She also took Masquelier type OPCs (a higher dose of around 400 mg) plus carried out a colon cleanse (fibre with psyllium husks).

Following that, daily vitamins and minerals and more OPCs... You can see how the water "drained" out of her and she got better each day. By the summer of 2008 she had her "old" figure back. Amazing, isn't it? And, against the wishes of her doctors, she slowly came off the cortisone.... Needs hardly any medication now and can even go "light" hiking - nobody would have believed it, least of all the doctors!

